

City of Delaware



Lifeguard Instructor Class

Course Purpose

The purpose of the American Red Cross Lifeguarding Instructor course is to train instructor candidates to teach the basic-level American Red Cross Lifeguarding course.

Course Prerequisites

- Be at least 17 years old on or before the final scheduled session of the course.
- Possess a current basic-level certification in Lifeguarding/First Aid/CPR/AED.
- Successfully complete the online Introduction to the Lifeguarding Instructor Course prior to the pre-course skills session.
- Obtain all instructor and participant materials before entering the first session of the instructor course.

Course Makeup

The Lifeguarding Instructor Course is offered in a blended learning format that includes:

- The online session for the instructor course takes approximately 2 hours.
- The classroom/water sessions
- Instructor candidates MUST attend all sessions!



Schedule

Date: Wednesday March 17, 2021

Location: Delaware YMCA

o Time: 4-9pm

Date: Saturday March 20, 2021

Location: Delaware YMCA

Time: 11am-3:30pm

Date Sunday March 21, 2021

o Location: Delaware YMCA

o Time: Noon-4pm

Date: Wednesday March 24, 2021

Location: Delaware YMCA

Time: 4-9pm

Date: Saturday March 27, 2021

Location: Delaware YMCA

Time: 11am-3:30pm

Date: Wednesday March 31, 2021

Location: Mingo Recreation Center

Time: 4-9:00pm

Fee's

• Resident Non-Resident Current Staff

\$125.00 \$150.00 \$75.00 (City and/or Delaware YMCA)

Registration Information

Registration space is limited! Call TODAY

- Please contact Michael Hamer @ 740-203-1455 to register.
- Registration Deadline:
 - o March 15, 2021

